

STEP 6®

Stopping Tobacco
with Education & Prevention®

Curriculum for 6th Grade

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TEXAS STATEWIDE TOBACCO EDUCATION & PREVENTION

SOUTHWEST TEXAS STATE UNIVERSITY

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Stopping Tobacco with Education & Prevention®

Curriculum for 6th Grade

OVERVIEW

The STEP6® curriculum is in ten lessons with both independent & cooperative group learning activities. It teaches skill building using strategies that are engaging, interactive, & enjoyable. Trained teachers, law enforcement officers, other staff members, or parent volunteers can teach it. It targets middle school students & can be integrated into any subject or content area.

STEP6® is research-based & helps prevention programs meet Principles of Effectiveness, as required by Title IV-Safe & Drug Free Schools & Communities Act.

The Principles of Effectiveness are:

1. Base prevention programs on a thorough assessment of objective data about drugs & violence in the schools & communities served.
2. Establish measurable goals & objectives with the help of an advisory council, & design the prevention program to meet those goals & objectives.
3. Design & implement activities based on research that provides evidence that the strategies used prevent or reduce drug use, violence, or disruptive behavior among youth.
4. Evaluate programs periodically & use results to refine, improve & strengthen program, & refine goals & objectives, as appropriate.

The curriculum is aligned with key elements for effective drug prevention according to "Making the Grade: A Guide to School Drug Prevention Programs." These are helping students to recognize internal & external pressures such as peer attitudes & advertising; developing social, personal, &

refusal skills; teaching that drug use is not the norm, while promoting positive norms; providing developmentally appropriate materials & activities using interactive teaching methods such as discussions, brainstorming, & cooperative learning; covering necessary prevention elements in at least eight well-designed lessons to be delivered within a year; actively involving the family & community; providing training & support for teachers; & containing material that is easy for teachers to implement.

STEP6® lessons are independent & non-sequential. They can be utilized in any order. Lessons cover the stated topic's concept, the purpose, an objective, & any materials & supplies needed. A suggested evaluation of the lesson is at the end. Each lesson has three different activities. One or more activities may be selected from each lesson. The activities are designed to fit the teaching time available & level of need about that particular topic. Generally, each lesson contains one activity to be completed independently by students, one activity to be done with a partner, & one group learning activity.

STEP6® topics include "Why Do People Choose to Use? Reasons Why People Use Tobacco," "The Tobacco Industry is Blowing Smoke: Strategies of the Tobacco Industry," "The Long & Short of Tobacco Use: Long Term & Short Term Risks," "Laws You Ought To Know: Legal Consequences of Tobacco Use," "Smokeless is Not Harmless Tobacco: Dangers of Smokeless Tobacco," "Refuse to Be Outsmarted! Refusal Skills-Part I," "Refuse To Be A Loser! Refusal Skills-Part II," "When Someone You Care About Uses Tobacco: Intervention Strategies," "Becoming A Tobacco-Free Advocate: Skills to Prevent Others' Tobacco Use," & "How To Be A Quitter: Cessation Plan."

Additional components that teachers may find helpful are included in the STEP6® curriculum. These are pre- & post-tests, a Guide for Parent Meetings, a Teen Leadership Guide, a Glossary, & a Resource List, including vendors & web sites.

Stopping Tobacco with Education & Prevention[®]

Curriculum for 6th Grade

TABLE OF CONTENTS

Overview

STEP6[®] Pre-test

- Lesson 1 **Why Do People Choose to Use?**
Reasons Why People Use Tobacco
 Activity 1 – Who Uses
 Activity 2 – Reasons, Excuses, Myths
 Activity 3 – Stress Relief the Natural Way
- Lesson 2 **The Tobacco Industry is Blowing Smoke:**
Strategies of the Tobacco Industry
 Activity 1 – Clearing the Smoke About the Facts
 Activity 2 – What the Ads Really Say
 Activity 3 – More Than Money
- Lesson 3 **The Long & Short of Tobacco Use:**
Long Term & Short Term Health Risks
 Activity 1 – How's My Shadow?
 Activity 2 – A Breath of Fresh Air
 Activity 3 – Timeline of the Effects of Tobacco Use
- Lesson 4 **Laws You Ought To Know:**
Legal Consequences of Tobacco Use
 Activity 1 – Law Student
 Activity 2 – Law Box
 Activity 3 – Tobacco Free Club

- Lesson 5 **Smokeless is Not Harmless Tobacco:**
Dangers of Smokeless Tobacco
 Activity 1 – What Is Smokeless?
 Activity 2 – What Do I Get for My Money?
 Activity 3 – One True Story
- Lesson 6 **Refuse to Be Outsmarted!**
Refusal Skills–Part I
 Activity 1 – The First Time
 Activity 2 – Ways to Say No
 Activity 3 – Phrase-y Slogan Contest
- Lesson 7 **Refuse To Be A Loser!**
Refusal Skills–Part II
 Activity 1 – This One’s for Real
 Activity 2 – Let’s Rock!
 Activity 3 – Lights, Camera, Action!
- Lesson 8 **When Someone You Care About Uses Tobacco:**
Intervention Strategies
 Activity 1 – Truth or Consequences
 Activity 2 – Lean on Me
 Activity 3 – To Someone I Care About
- Lesson 9 **Becoming A Tobacco-Free Advocate:**
Skills to Prevent Others’ Tobacco Use
 Activity 1 – The Smoke Around You
 Activity 2 – Secondhand Smoke & You
 Activity 3 – You & Me: Tobacco Free
- Lesson 10 **How To Be A Quitter:**
Cessation Plan
 Activity 1 – “The Plan to Quit” Book Part I
 Activity 2 – “The Plan to Quit” Book Part II
 Activity 3 – “The Plan to Quit” Book Part III

Appendix 1	Guide for Parent Meetings Presentation Outline Handouts
Appendix 2	Teen Leadership Guide – STEP6® TEAM Purpose Procedures Handouts
Appendix 3	Staff Development Training for Teachers Presentation Outline Handouts
Appendix 4	Glossary
Appendix 5	Resource List
Appendix 6	A Compendium of TEKS Aligned with STEP6®

STEP6® Post-test

STEP6® Course Evaluation

References

Stopping Tobacco with Education & Prevention®

Curriculum for 6th Grade

CURRICULUM ALIGNMENT WITH TEKS OBJECTIVES

Lesson #	1	2	3	4	5	6	7	8	9	10
5th Grade English/Lang. Arts/Reading										
5.1 The student listens actively and purposefully in a variety of settings.	X	X	X	X	X	X	X	X	X	X
5.2 The students listens critically to analyze and evaluate a speaker's message.	X	X	X	X	X	X	X	X	X	X
5.3 The student listens to enjoy and appreciate spoken language.	X	X	X	X	X	X	X	X	X	X
5.4 The students listens and speaks to gain and share knowledge of his/her own culture, the common elements of culture.	X	X	X	X	X	X	X	X	X	X
5.5 The student speaks clearly and appropriately to different audiences for different purposes and occasions.	X	X	X	X	X	X	X	X	X	X
5.6 The student uses a variety of word identification strategies.	X	X	X	X	X	X	X	X	X	X
5.7 The student reads with fluency and understanding in texts at appropriate difficulty levels.	X	X	X	X	X	X	X	X	X	X
5.9 The student acquires an extensive vocabulary through reading and systematic word study.	X	X	X	X	X	X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
5.10 The student comprehends selections using a variety of strategies.	X	X	X	X	X	X	X	X	X	X
5.11 The student expresses and supports responses to various types of texts.	X	X	X	X	X	X	X	X	X	X
5.13 The student inquires and conducts research using a variety of sources.	X	X	X	X	X	X	X	X	X	X
5.14 The students reads to increase knowledge of his/her own culture, the culture of others, and common elements of cultures.	X	X	X	X	X	X	X	X	X	X
5.15 The student writes for a variety of audiences and purposes, and in a variety of forms.	X		X	X		X	X	X	X	X
5.16 The student composes original texts, applying the conventions of written language, including capitalization, punctuation, and penmanship, to communicate clearly.						X	X	X	X	X
5.17 The student spells proficiently.	X		X	X		X	X	X	X	X
5.18 The student applies standard grammar and usage to communicate clearly and effectively in writing.	X		X	X		X	X	X	X	X
5.19 The students selects and uses writing processes for self initiated and assigned writing.	X		X	X		X	X	X	X	X
5.20 The student evaluates his/her own writing and the writing of others.	X		X	X		X	X	X	X	X
5.21 The student uses writing as a tool for learning and research.	X		X	X		X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
5.23 The student understands and interprets visual images, messages, and meanings.	X	X	X	X	X	X	X	X	X	X
5.24 The student analyzes and critiques the significance of visual images messages and meanings.	X	X	X	X	X	X	X	X	X	X
5th Grade Math										
5.1 The student uses place value to represent whole numbers and decimals.		X								
5.3 The student adds, subtracts, multiplies, and divides to solve meaningful problems.		X								
5.14 The student applies Grade 5 mathematics to solve problems connected to everyday experiences and activities in and outside of school.		X								
5.15 The student communicates about Grade 5 mathematics using informal language.		X								
5th Grade Science										
5.3 The student uses critical thinking and scientific problem solving to make informed decisions.	X	X	X	X	X	X	X	X	X	X
5th Grade Social Studies										
5.13 The student understands the impact of supply and demand on consumers and producers in a free enterprise system.		X								
5.25 The student applies critical thinking skills to organize and use information acquired from a variety of sources including electronic technology.	X	X	X	X	X	X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
5.26 The student communicates in written, oral, and visual forms.	X	X	X	X	X	X	X	X	X	X
5.27 The student uses problem solving and decision making skills, working independently and with others, in a variety of settings.	X	X	X	X	X	X	X	X	X	X
5th Grade Health										
5.1 The student knows ways to enhance and maintain personal health throughout the life span.	X	X	X		X			X	X	X
5.2 The student recognizes the basic structures and functions of the human body and how they relate to personal health throughout the life span.			X							
5.3 The student knows how to utilize health information.	X	X	X		X			X	X	X
5.4 The student recognizes behaviors that prevent disease and speedy recovery from illness.			X							
5.5 The student comprehends behaviors that reduce health risks throughout the life span.										
5.6 The student understands how relationships influence individual and family health including the skills necessary for building and maintaining relationships.	X		X			X	X	X	X	X
5.7 The student comprehends ways in which media and technology influence individual and community health.		X								

Lesson #	1	2	3	4	5	6	7	8	9	10
5.9 The student demonstrates critical thinking, decision-making, goal-setting, and problem-solving skills for making healthy decisions.	X	X	X	X	X	X	X	X	X	X
5th Grade Fine Arts-Theater										
5.1 The student develops concepts about self, human relationships, and the environment, using elements of drama and conventions of theater.								X		
5.2 The student interprets characters, using the voice and body expressively, and creates dramatizations.								X		
6th Grade English/Lang. Arts/Reading										
6.1 The student listens actively and purposefully in a variety of settings.	X	X	X	X	X	X	X	X	X	X
6.2 The student listens critically to analyze and evaluate a speaker's message.	X	X	X	X	X	X	X	X	X	X
6.3 The student listens to enjoy and appreciate spoken language.	X	X	X	X	X	X	X	X	X	X
6.4 The student listens and speaks to gain and share knowledge of his/her own culture, the culture of others, and the common elements of cultures.	X	X	X	X	X	X	X	X	X	X
6.5 The student speaks clearly and appropriately to different audiences for different purposes and occasions.	X	X	X	X	X	X	X	X	X	X
6.6 The student uses a variety of word identification strategies.	X	X	X	X	X	X	X	X	X	X
6.7 The student reads with fluency and understanding in texts at appropriate difficulty levels.	X	X	X	X	X	X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
6.9 The student acquires an extensive vocabulary through reading and systematic word study.	X	X	X	X	X	X	X	X	X	X
6.10 The student comprehends selections using a variety of strategies.	X	X	X	X	X	X	X	X	X	X
6.11 The student expresses and supports responses to various types of texts.	X	X	X	X	X	X	X	X	X	X
6.13 The student inquires and conducts research using a variety of sources.	X	X	X	X	X	X	X	X	X	X
6.14 The student reads to increase knowledge of his/her own culture, the culture of others, and common elements of cultures.	X	X	X	X	X	X	X	X	X	X
6.15 The student writes for a variety of audiences and purposes, and in a variety of forms.	X		X	X		X	X	X	X	X
6.16 The student composes original texts, applying the conventions of written language, including capitalization, punctuation, and penmanship, to communicate clearly.						X	X	X	X	X
6.17 The student applies standard grammar and usage to communicate clearly and effectively in writing.	X		X	X		X	X	X	X	X
6.18 The students selects and uses writing processes for self initiated and assigned writing.	X		X	X		X	X	X	X	X
6.19 The student evaluates his/her own writing and the writing of others.	X		X	X		X	X	X	X	X
6.20 The student uses writing as a tool for learning and research.	X		X	X		X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
6.22 The student understands and interprets visual images, messages, and meanings.	X	X	X	X	X	X	X	X	X	X
6.23 The student analyzes and critiques the significance of visual images messages and meanings.	X	X	X	X	X	X	X	X	X	X
6th Grade Math										
6.2 The student adds, subtracts, multiplies, and divides to solve meaningful problems.	X									
6.11 The student applies Grade 6 mathematics to solve problems connected to everyday experiences, investigations in other disciplines, and activities in and outside of school.	X									
6.12 The student communicates about Grade 6 mathematics through informal and mathematical language, representations and models.	X									
6th Grade Science										
6.3 The student uses critical thinking and scientific problem solving to make informed decisions.	X	X	X	X	X	X	X	X	X	X
6.7 The student knows that substances have physical and chemical properties.			X							
6th Grade Social Studies										
6.21 The student applies critical-thinking skills to organize and use information acquired from a variety of sources including electronic technology.	X	X	X	X	X	X	X	X	X	X
6.22 The student communicates in written, oral, and visual forms.	X	X	X	X	X	X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
6.23 The student uses problem solving and decision making skills, working independently and with others, in a variety of settings.	X	X	X	X	X	X	X	X	X	X
6th Grade Health										
6.1 The student knows ways to enhance and maintain personal health through out the life span.	X	X	X		X			X		X
6.2 The student recognizes ways that body structure and function relate to personal health through out the life span.	X	X	X		X			X	X	X
6.3 The student comprehends and utilizes concepts relating to health promotion and disease prevention.	X	X	X		X			X	X	X
6.4 The student comprehends ways researching, accessing, and analyzing health information.	X	X	X	X	X	X	X	X	X	X
6.5 The student engages in behaviors that reduce health risks throughout the life span.	X	X	X		X			X	X	X
6.6 The student understands how factors in the environment influence individual and community health.	X	X	X		X			X	X	X
6.7 The student recognizes how relationships influence individual health behaviors including skills necessary for building and maintaining relationships.	X		X			X	X	X	X	X
6.8 The student comprehends how media and technology influence individual and community health.		X								

Lesson #	1	2	3	4	5	6	7	8	9	10
6.9 The student differentiates between positive and negative family influences.						X	X	X	X	X
6.10 The student describes healthy ways to communicate consideration and respect for self, family, friends, and others.						X	X	X	X	X
6.11 The student analyzes information and applies critical-thinking, decision making, goal-setting, and problem-solving skills for making health-promoting decisions.	X	X	X	X	X	X	X	X	X	X
6th Grade Fine Arts-Theater										
6.1 The student develops concepts about self, human relationships, and the environment, using elements of drama and conventions of theater.							X			
6.2 The student interprets characters, using the voice and body expressively, and creates dramatizations.							X			
7th Grade English/Lang. Arts/Reading										
7.1 The student listens actively and purposefully in a variety of settings.	X	X	X	X	X	X	X	X	X	X
7.2 The student listens critically to analyze and evaluate a speaker's message.	X	X	X	X	X	X	X	X	X	X
7.3 The student listens to enjoy and appreciate spoken language.	X	X	X	X	X	X	X	X	X	X
7.4 The student listens and speaks to gain and share knowledge of his/her own culture, the culture of others, and the common elements of culture.	X	X	X	X	X	X	X	X	X	X
7.5 The student speaks clearly and appropriately to different audiences for different purposes and occasions.	X	X	X	X	X	X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
7.6 The student uses a variety of word identification strategies.	X	X	X	X	X	X	X	X	X	X
7.7 The student reads with fluency and understanding in texts at appropriate difficulty levels.	X	X	X	X	X	X	X	X	X	X
7.9 The student acquires an extensive vocabulary through reading and systematic word study.	X	X	X	X	X	X	X	X	X	X
7.11 The student expresses and sup- -responds to various types of texts.	X	X	X	X	X	X	X	X	X	X
7.13 The student inquires and conducts research using a variety of sources.	X	X	X	X	X	X	X	X	X	X
7.14 The students reads to increase knowledge of his/her own culture, the culture of others, and common elements of cultures.	X	X	X	X	X	X	X	X	X	X
7.15 The student writes for a variety of audiences and purposes, and in a variety of forms.	X		X	X		X	X	X	X	X
7.16 The student composes original texts, applying the conventions of written language, including capitalization punctuation, and penmanship, to communicate clearly.	X		X	X		X	X	X	X	X
7.17 The student applies standard grammar and usage to communicate clearly and effectively in writing.	X		X	X		X	X	X	X	X
7.18 The students selects and uses writing processes for self initiated and assigned writing.	X		X	X		X	X	X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
7.19 The student evaluates his/her own writing and the writing of others.	X		X	X		X	X	X	X	X
7.20 The student uses writing as a tool for learning and research.	X		X	X		X	X	X	X	X
7.22 The student understands and interprets visual images, messages, and meanings.	X	X	X	X	X	X	X	X	X	X
7.23 The student analyzes and critiques the significance of visual images messages and meanings.	X	X	X	X	X	X	X	X	X	X
7th Grade Math										
7.2 The student adds, subtracts, multiplies, or divides to solve problems and justify solutions.		X								
7.13 The student applies Grade 7 mathematics to solve problems connected to everyday experiences, investigations in other disciplines, and activities in and outside of school.		X								
7.14 The student communicates about Grade 7 mathematics through informal and mathematical language, representations and models.		X								
7th Grade Science										
7.3 The student uses critical thinking and scientific problem solving to make informed decisions.	X	X	X	X	X	X	X	X	X	X
7.7 The student knows that substances have physical and chemical properties.			X							

Lesson #	1	2	3	4	5	6	7	8	9	10
7th Grade Social Studies										
7.21 The student applies critical-thinking skills to organize and use information acquired from a variety of sources including electronic technology.	X	X	X	X	X	X	X	X	X	X
7.22 The student communicates in written, oral, and visual forms.	X	X	X	X	X	X	X	X	X	X
7.23 The student uses problem solving and decision making skills, working independently and with others, in a variety of settings.	X	X	X	X	X	X	X	X	X	X
7-8th Grade Health										
(1) The student knows ways to enhance and maintain personal health through out the life span.	X	X	X		X			X	X	X
(2) The student recognizes ways that body structure and function relate to personal health throughout the life span.	X	X	X		X			X	X	X
(3) The student comprehends and utilizes concepts relating to health promotion and disease prevention throughout the life span.	X	X	X		X			X	X	X
(4) The student knows how to research, access, analyze and use health information.	X	X	X		X			X	X	X
(5) The student engages in behaviors that reduce health risks throughout the life span.	X	X	X		X			X	X	X

Lesson #	1	2	3	4	5	6	7	8	9	10
(6) The student understands how physical and social environmental factors can influence individual and community health throughout the life span.	X	X	X		X			X	X	X
(7) The student investigates positive and negative relationships that influence individual, family, and community health.						X	X	X	X	X
(8) The student researches ways in which media and technology influence individual and community health throughout the life span.		X								
(9) The student understands how social factors impact personal, family, community, and world health.	X	X		X	X	X	X	X	X	X
(10) The student recognizes and uses skills in building and maintaining healthy relationships.						X	X	X	X	X
(12) The student analyzes information and applies critical-thinking, decision-making, goal-setting, and problem-solving skills for making health-promoting decisions.	X	X	X	X	X	X	X	X	X	X
7th Grade Fine Arts-Theater										
7.1 The student develops concepts about self, human relationships, and the environment, using elements of drama and conventions of theater.								X		
7.2 The student interprets characters, using the voice and body expressively, and creates dramatizations.								X		

Stopping Tobacco with Education & Prevention®

Curriculum for 6th Grade

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