



Marshall K.A. LittleASH says



"Don't cha be chokin'

Me wit yur smokin!"



STEP6[®]



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Stopping Tobacco with
Education and Prevention

Curriculum for 6th Grade

STEP6[®]

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Texas Statewide Tobacco
Education & Prevention

1-888-STEP-123

WWW.STEP6.ORG

What is STEP6®?

STEP6® is a new easy to use curriculum developed to prevent tobacco use by school age youth in Texas. This interactive lesson can be taught in sessions or over a period of time. It could be taught in science, health, DARE or other prevention classes, PALS or peer mentoring groups, Student Council, advocacy classes, block scheduled, before or after school.

Each lesson contains three activities to meet time requirements and individual needs of schools and groups. Both independent and group learning strategies are utilized.

Why STEP6®?

It is a unique curriculum designed especially for Texas youth. It contains the most current information about Texas legislation and compliance, as well as data, statistics and web sites. Directed towards Middle School students, it uses activities that are interesting, informative, and engaging.

STEP6® can be implemented in public, private, and parochial schools; youth organizations, clubs, and camps; alternative schools and others.

STEP6® Contents

- Lesson 1 Why Do People Choose to Use? Reasons Why People Use Tobacco
- Lesson 2 The Tobacco Industry is Blowing Smoke: Strategies of the Tobacco Industry
- Lesson 3 The Long & Short of Tobacco Use: Long Term & Short Term Health Risks
- Lesson 4 Laws You Ought To Know: Legal Consequences of Tobacco Use
- Lesson 5 Smokeless is Not Harmless Tobacco: Dangers of Smokeless Tobacco
- Lesson 6 Refuse to Be Outsmarted! Refusal Skills-Part I
- Lesson 7 Refuse To Be A Loser! Refusal Skills-Part II
- Lesson 8 When Someone You Care About Uses Tobacco: Intervention Strategies
- Lesson 9 Becoming A Tobacco-Free Advocate: Skills to Prevent Others' Tobacco Use
- Lesson 10 How To Be A Quitter: Cessation Plan

Also Included in STEP6

Additional Components Include:

- » Teen Leadership
- » Staff Development
- » Parent and Community Meeting Presentations
- » Glossary
- » Resource List of Vendors and Web sites
- » TAAS and TEKS Compendium
- » Pre- & Post-Tests
- » Educator Curriculum Evaluation

STEP6® EVALUATION

Aligned with Texas Essential Knowledge and Skills (TEKS), and Texas Assessment of Academic Skills, STEP6® also meets the United States Department of Education Title IV Safe and Drug Free School and Communities Principles of Effectiveness. Lessons contain components endorsed in "Making the Grade."

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